

THE
ABUNDANT
HEALER

*Pathway #5
Worksheet*

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1.

WHAT ARE YOUR MOST SABOTAGING REOCCURRING THOUGHTS AROUND MONEY? WRITE THEM DOWN BELOW.

2.

ARE THESE YOUR OWN THOUGHTS? IF NOT, WHERE DID THEY ORIGINATE FROM? (YOU MAY HAVE GONE INTO THESE ANSWERS EARLIER IN THE COURSE. REPEATING AND REVIEWING THEM IN THE CONTEXT OF THE NORTH, THE DIRECTION OF THE MIND, MAY REVEAL EVEN MORE.

3.

NOW TAKE EACH OF THESE THOUGHTS AND TURN THEM INTO EMPOWERING THOUGHTS AND STATEMENTS. LIKE DECLARATIONS OF AFFLUENCE AND ABUNDANCE.



4.

WHAT DO YOU KNOW ABOUT YOURSELF AND YOUR UNIQUE GIFTS THAT YOU STOP YOURSELF FROM SHARING WITH OTHERS, FOR FEAR OF.....?

5.

WHAT COMES UP WHEN YOU IMAGINE BEING OPEN AND HONEST ABOUT YOUR DEEPEST SOUL DESIRES AND KNOWING? FOR EXAMPLE: "I'M AFRAID THAT IF I SHARE THAT WITH.....THEY'RE GOING TO..... AND THAT WILL....."

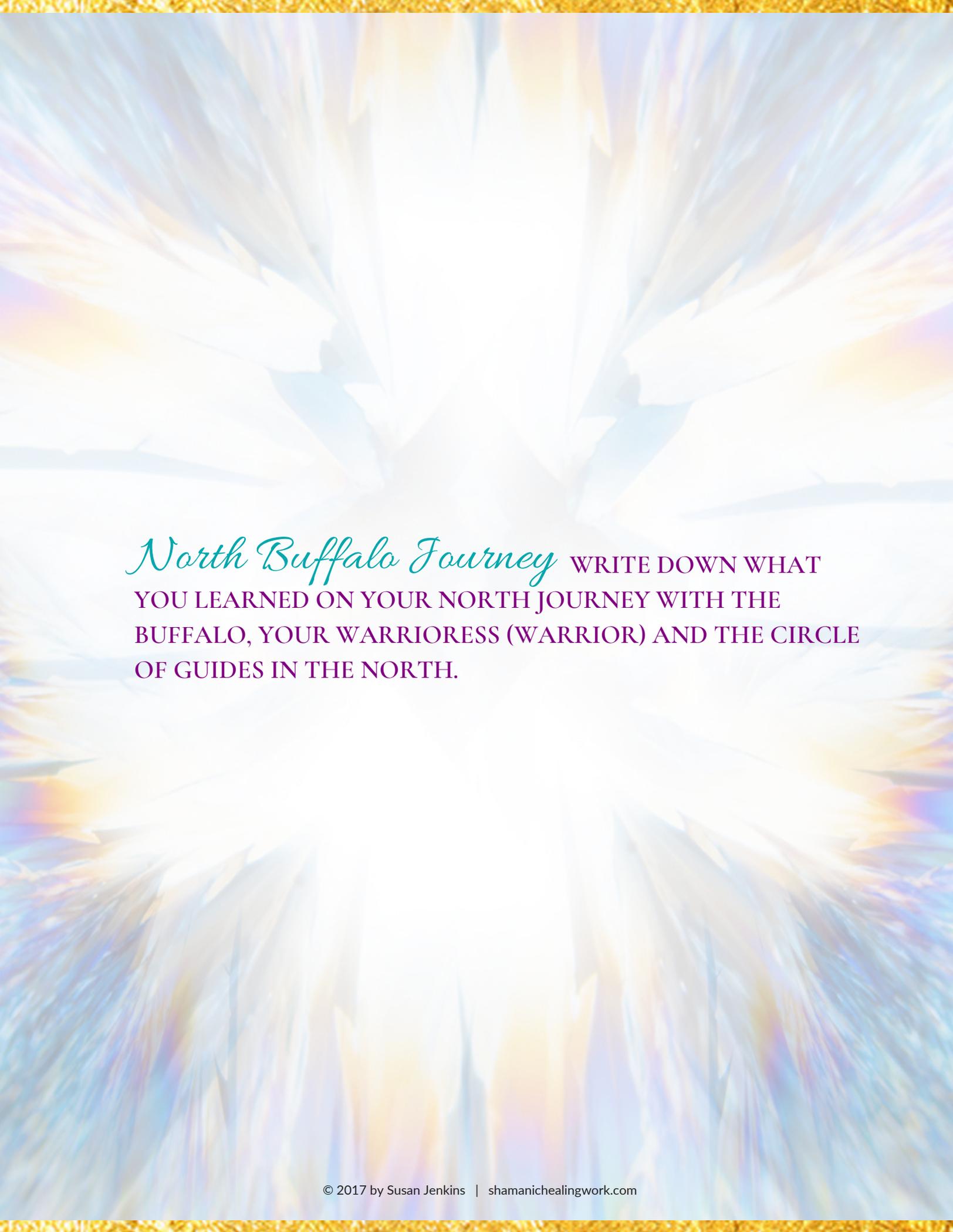
6.

WRITE DOWN THE MOST DOMINEERING, PERSISTENT THOUGHTS AND STORIES THAT YOU'RE READY TO LET GO OF RIGHT NOW?

Now take what you've written and do a burning ceremony with it. Ask the element fire to transform and clear these from your mind, once and for all!

7.

WHAT KNOWING HAVE YOU BEEN HOLDING BACK AND NOT SPEAKING YOUR DEEPEST TRUTH ABOUT AROUND YOUR WORK AND MONEY? WHO ARE YOU NOT SPEAKING THIS TO?



North Buffalo Journey WRITE DOWN WHAT
YOU LEARNED ON YOUR NORTH JOURNEY WITH THE
BUFFALO, YOUR WARRIORESS (WARRIOR) AND THE CIRCLE
OF GUIDES IN THE NORTH.

